



AYB
NUTRITION & TRAINING

MEAL PREP PRICING

REGULAR SIZE

11-15 meals	\$15.00 per meal
16-25 meals	\$12.00 per meal
26 + meals	\$10.00 per meal

LARGE SIZE

11-15 meals	\$18.00 per meal
16-25 meals	\$15.00 per meal
26 + meals	\$12.00 per meal

SNACKS.....\$5.00 EACH

ADD-ONS.....\$2.00 EACH

Extra serving	No repeats
Specialty item	> 15 miles travel
Organic	< 11 meals