



## **AYB FITNESS PRICING 2019**

### **MEMBERSHIPS**

**\*In addition to classes, Group Class and Small Group Strength members have access to 1 body composition measurement per quarter, monthly nutrition classes, food diaries via Healthie app with weekly monitoring by a Registered Dietitian, and an AYB online support community\***

### **Group Class Membership: (AYB Performance, Foundations, Development, Foundations, Flexibility, and Youth classes)**

Single: \$90/month autodraft

Couple: \$120/month autodraft  
2 people in the same household

Family: \$150/month autodraft  
4 people in the same household

### **Small Group Strength Add-on Membership:**

\*Group class members are eligible to **add on** small group strength training at a discount.

Per person: \$50/month autodraft

### **Small Group Strength Membership: (AYB Strength classes ONLY)**

Per person: \$100/month autodraft

### **Youth Only Membership:**

Per person: \$65/month autodraft  
1 person  
Includes unlimited AYB Youth classes





