



AYB FALL FITNESS 2018 PRICING

MEMBERSHIPS

In addition to classes, Group Class and Small Group Strength members have access to 1 body composition measurement per quarter, monthly nutrition classes, food diaries via Healthie app with weekly monitoring by a Registered Dietitian, and an AYB online support community

Group Class Membership: (AYB Performance, Foundations, Development, Foundations, Flexibility, and Youth classes)

Single: \$90/month autodraft

Couple: \$120/month autodraft
 2 people in the same household

Family: \$150/month autodraft
 4 people in the same household

Small Group Strength Add-on Membership:

*Group class members are eligible to **add on** small group strength training at a discount.

Per person: \$50/month autodraft

Small Group Strength Membership: (AYB Strength classes ONLY)

Per person: \$100/month autodraft

Youth Only Membership:

Per person: \$65/month autodraft
 1 person
 Includes unlimited AYB Youth classes

Nutrition Only Membership:

Per person: \$50/month autodraft
Includes access to 1 body composition measurement per quarter, monthly nutrition classes, food diaries via Healthie app with weekly monitoring by a Registered Dietitian, and an AYB online support community

